

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings of claims in the application:

Listing of Claims:

- 1 1. (Currently amended) A method for making a pillow, the method
2 comprising:
 - 3 cutting at least one piece of fabric to form a pair of skins that each comprise a
4 midsection and two arm sections;
 - 5 sewing the two skins together near their outer edges except for a portion of the
6 mid section to form a shell defining a continuous and interior and having a middle region with
7 an opening into the interior and two opposing arms extending from the middle region to form a
8 well region;
 - 9 blowing a fill material into the interior of the shell until the pillow has a firmness
10 defined by an IFD of at least about 20 Newtons with 25% deflection; and
11 closing the opening in the middle region.
- 1 2. (Currently amended) A method as in claim 1, wherein the skins have an
2 outer surface and an inner surface, and wherein the skins are sewn together with the outer inner
3 surfaces facing each other.
- 1 3. (Original) A method as in claim 2, further comprising turning the shell
2 inside out such that the inner surfaces face each other.
- 1 4. (Original) A method as in claim 1, wherein the step of blowing the fill
2 material further comprises inserting a nozzle through the opening of the middle region and into
3 one of the arms, blowing fill material into the arm, moving the nozzle to the other arm and
4 blowing fill material into the other arm, and moving the nozzle to the middle region and blowing
5 fill material into the middle region.
- 1 5. (Original) A method as in claim 1, wherein the two skins are substantially
2 identical, with the two arm sections curving so that their ends generally face each other.

1 6. (Original) A method as in claim 1, further comprising sewing a strip of
2 fabric between the two skins so as to be adjacent to the well region.

1 7. (Original) A method as in claim 1, further comprising placing the pillow
2 into a package.

1 8. (Original) A method as in claim 1, wherein the fill material comprises
2 polyester, and wherein the shell is filled to about 2.0 pounds to about 2.5 pounds with the fill
3 material.

1 9. (Original) A method as in claim 1, wherein the opening is closed by
2 sewing the skins together.

1 10. (Currently amended) A method for making a pillow, the method
2 comprising:

3 cutting at least one piece of fabric to form a pair of skins that each comprise a
4 midsection and two arm sections;

5 sewing the two skins together near their outer edges except for a portion of the
6 mid section to form a shell defining a continuous and interior and having a middle region with
7 an opening into the interior and two opposing arms extending from the middle region to form a
8 well region;

9 inserting a nozzle through the opening of the middle region and into one of the
10 arms and blowing fill material into the arm;

11 moving the nozzle to the other arm and blowing fill material into the other arm;

12 moving the nozzle to the middle region and blowing fill material into the middle
13 region; and

14 closing the opening in the middle region.

1 11. (Original) A method as in claim 10, wherein the fill material is blown into
2 the interior of the shell until the pillow has a firmness defined by an IFD of at least about 20
3 Newtons with 25% deflection.

1 12. (Currently amended) A method as in claim 10, wherein the skins have an
2 outer surface and an inner surface, and wherein the skins are sewn together with the outer inner
3 surfaces facing each other.

1 13. (Original) A method as in claim 12, further comprising turning the shell
2 inside out such that the inner surfaces face each other.

1 14. (Original) A method as in claim 10, wherein the two skins are
2 substantially identical, with the two arm sections curving so that their ends generally face each
3 other.

1 15. (Original) A method as in claim 10, further comprising sewing a strip of
2 fabric between the two skins so as to be adjacent to the well region.

1 16. (Original) A method as in claim 10, further comprising placing the pillow
2 into a package.

1 17. (Original) A method as in claim 10, wherein the fill material comprises
2 polyester, and wherein the shell is filled to about 2.0 pounds to about 2.5 pounds with the fill
3 material.

1 18. (Original) A method as in claim 10, wherein the opening is closed by
2 sewing the skins together.